# Kelsall Wellbeing Hub Newsletter





## 100 Club Winners

Name Withheld	£100
Gayle Pether	£50
Arthur Hughes	£50
Kathleen Roberts	£50

### Signage

A grant from the Ursula Keyes Foundation has funded new signage to improve our visibility in the village. This will help raise our profile especially over the summer and the Folk Festival Weekend.



**Big Quiz Success** 



In Memorium

A beautiful tree was planted in memory of John Bent a regular user of the Hub Well done to The Delamere Parkers whon won the March Big Quiz Trophy.



## Quizzing and the Hub

One of the great success stories during our years of fundraising has been our Quizzes. Our first one was held in March 2019. We currently hold 12 Quizzes in the Morris Dancer on the 1<sup>st</sup> Sunday of each month and 2 big quizzes per year in the Community Centre, where we regularly have over 100 participants.

Including our most recent Big Quiz, we have held a total of 46 Quiz Nights and the community have helped us to raise a total of over £21,000 for the Hub.

We would like to thank everyone who has contributed to this magnificent achievement and we would welcome any new quizzers to these events & can assure you of a good evening!

April 25 Newsletter

# Kelsall Wellbeing Hub Newsletter

## New Engagement with the younger generation

On a beautiful Wednesday morning we had a visit from two new groups. Some young people and their carers came by bus from Pettypool for a drink. They had a good time using some of our games and were going to the park for a picnic before going back. Their carers will bring them again. Someone from the village had recommended the hub to them.

Later, 18 nursery children came in with 2 teachers and their head teacher and joined in with singing for fun. They also spoke about their project called 'Safe Journeys' and left us some key rings they had made to give out to help support the hub. The headteacher has looks of ideas such as a reception group to look at our garden and has offered for the year 6 children to come in and sing for us

## **Upcoming Mural** Project

Funding from Tarporley Memorial Hospital trust is supporting our new Community Mural.

The first stage of this inter generational project commence on Sunday 27th April 1 - 5 at The Hub with a community workshop run by a professional artist to start to bringing the design together.

All are welcome to get involved.

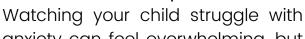




#### **FUTURE EVENTS**

13<sup>th</sup> April 1-4 Bike safety check. Basic Tune Up Bike Clean, Advice & Support Click Here to Book





22<sup>nd</sup> & 29<sup>th</sup> April 6-8

anxiety can feel overwhelming, but you don't have to navigate it alone. Untangle Together equips you with practical strategies to help your child manage their worries, build resilience, and feel more in control - while giving you the confidence to support them every step of the way. More info www.pausa.life



22ND & 29TH A

25<sup>th</sup> April 7.30 - 9.00 Crystal Healing and Sound Bath Click Here to Book



