# Newsletter





### 100 Club Winners

John Coppack £100
Ruth Day £50
Name withheld £50
Oliver Ball £50

Our 100 Club Summer social event is scheduled for 3<sup>rd</sup> July

## **Big Thank You**

To Delamere Cycle Club who donated £175



Thank you to Kadras for the generous gift of these beautiful hanging baskets









#### Folk Festival 24 & 25 May

Ths year we went back to having a cake stall on the green for the weekend. Trustees and volunteers worked on the stand throughout the day, and thanks to kind donations of homemade cakes we raised a staggering £1,128.

What a wonderful team effort! THANK YOU everyone!.

The Hub cafe also was open for the weekend. We hosted four music and singing workshops which were well attended and helped to raise the profile for the charity.

We also invited Fodder@Farrells & Delamere Desserts to join us at the Hub. This allowed us to diversify our food offering to include freshly cooked bacon baps, filled baguettes and cheesecakes. Volunteers and Trustess ran the cafe and took over £650.

It was a fabulous weekend and monies raised will help support the activities we put on for the community and running/maintenance costs.

# Kelsall Wellbeing Hub Newsletter



#### Farewell to Bethany

All the Trustees and Volunteers who have worked with Bethany wish her well in her new challenge working more hours for the Dyslexic group in Kelsall. We wish to thank her for all her hard work in supervising the Café and supporting the volunteers over the past 10 months



# The Hub Admin Assistant

After over 40 years living in North Wales, we moved to Tarvin in 2019—just before lockdown, which was good timing. We relocated to be closer to our grandchildren, who are now all teenagers. It's lovely being involved in their day-to-day lives.

My career has been varied. I studied French Language and Literature at university, then spent many years teaching French in a college before switching to the financial services sector, working with M&S Money and later Bank of America. Before joining the Hub a couple of years ago, I worked for the charity Shelter Cymru.

I really like working for the Hub and getting to know the many volunteers and people who come through the doors. It's a lovely and lively place to be part of.

Outside of work, I enjoy walking, swimming and going to the gym. I'm always on call for homework help—particularly for English French and Drama (Maths less so!).

This year is a special one for us as we'll be celebrating 50 years of marriage, including a family trip to Disneyland Paris organised by our children and grandchildren. We can't wait to spend some time with Mickey.





#### Intergenerational Mural

On Saturday of the Folk Festival, we set up a gazebo in our garden and hosted a design workshop. It was well attended with the ages from 8 to 88 years old.

The work produced was beautiful and certainly has helped our 2 artists, Alison and Sophie, to create the final design.

More to come on this topic over th summer when we will start painting the actual mural.



# Coming Soon ...

Our popular Chair Yoga and Qigong classes continue with a new block of 6 sessions starting on 20 June - fancy a taster you can now book just a single class!





15 SPACES AVAILABLE

SUITABLE FOR AGE 10+