



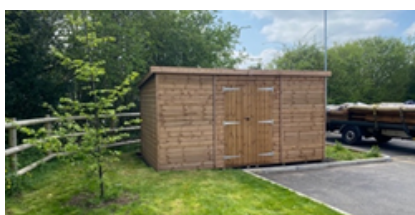
100 Club Winners

Name Withheld	£100
Kathleen Roberts	£50
Phil Wellings	£50
Fiona Chynoweth	£50

Our 100 Club Summer social event is scheduled for 3rd July

Big THANK YOU

To all the volunteers who helped with the Spring Clean in the Hub one Saturday morning, all nice and clean to welcome everyone



Thank you to the volunteers who helped weather proof the Shed!



Kelsall Primary School Visit the Hub Garden

The reception class from Kelsall primary came to visit the Volunteers "the experts" who look after the Hub Garden.

They are doing a class project on growing plants. They wanted to learn from experts about how to grow and look after plants.

They have their own allotment in school and in July they are holding a sale of their harvest on the Village Green. Their teacher is Mrs Nixon.

The Garden is available for everyone to pop along and enjoy! A big THANK YOU to our volunteers who tend the Garden.



Our Activities – Singing for Fun



Sing for Fun takes place on Wednesday morning at 11.15 until about 12.00. The group has grown to around 14 regular attendees, and we begin with stretches, breathing exercises, silly rounds and other fun vocal warm-ups to get the voices going. Working mainly from memory we have learned all kinds of songs recently – sea shanties, folk songs, spirituals and partner songs which create some really effective harmonies without the effort of reading music. No previous singing experience is needed to join this friendly group!

Meet our Volunteers



Angela and Anne

'Angela and I met through volunteering each Wednesday morning at the Hub 2 years ago and have become good friends. We both value the opportunity to give back to the community of Kelsall. We enjoy getting to know lots of interesting, fun and friendly people and enjoy hearing their life stories.

Singing for Fun happens during our shift at the Hub and it's always lively with lots of laughter. Volunteering at the Hub has given as much to us as we hope we have given back'

Meet the Trustees– JEN PAUL

From Milking Cows to Malmö Miles...

Raised on a dairy farm in Hartford, the odd 5am start gave me an appreciation of that special stillness at dawn, something I have sought out all my life, especially recently having just completed the Offas Dyke Path with regular 4am starts to catch the sunrise. I recommend it, it's my favourite long distance trail to date.

The RAF sponsored my Maths and Psychology degree but life on a flat, windy airbase pushing paper wasn't for me and I changed direction into the world of outdoor education and challenging kids! To help further this career, I gained a PGCE Primary and after a few years loving the long holidays... I mean... teaching, I set off to Malawi as a teacher trainer to spice things up a bit. I hit the ground running as Malawi was in a desperate bid to train thousands of Primary School Teachers via intensive 9 month programmes. Those trainee teachers gave me a lifelong respect for resilience and resourcefulness.

Back in the UK I eventually met and settled down with Tom. With a baby on the hip and another en-route, we opted to move north back to my home county of Cheshire and build a house in Kelsall. Local life drew me in and I found myself helping produce our Neighbourhood Plan and after a tough but eye-opening stint as a Restorative Justice Practitioner and a couple of years living in Spain, I returned to help shape the Kelsall Wellbeing Hub as it grew. Five years on, I'm often found behind the scenes, erecting sheds, working with young volunteers or planning our next fundraiser—C90s Night returns this September, and yes, we need you.

In my spare time, you'll generally find me heading for the hills although, in early 2024, caught in a wave of optimism (and peer pressure), I signed up for the Malmö Bridge Half Marathon because apparently running from one country to another sounded fun. Last weekend, myself and three other girls successfully completed it and somehow, I even got a PB and we all fell in love with Copenhagen. But please, if you see me eyeing up another one, stop me!



FUTURE EVENTS



Sunday 13 July
Coastal Scene Craft
Session
Fun for All the Family



C-90's Night
returns for a 2nd
Concert
Sat 20th September
tickets on sale NOW!

☀️ Seeking new Trustees or Chairperson! ☀️

Kelsall Wellbeing Hub is at the heart of our community — a place where we tackle loneliness, offer support, and bring people together. Right now, we're looking for a new Chairperson and additional Trustees to help lead us into the future.

As some of our long-serving trustees retire, we're reaching out to local people who are passionate about community wellbeing and ready to make a lasting impact. Whether you have experience in leadership, charity work, or simply a strong desire to help others, your voice and skills could be exactly what we need.

If you're someone who believes in the power of community and can commit to supporting a vital local cause, we'd love to hear from you.

✉️ Message us to find out more or share with someone who might be interested.

Together, we can keep the Hub strong and thriving 💙